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Special to The New York Times

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HACKENSACK, Jan. 18—The defense for Harry De La Roche Jr., the Montvale teen-ager charged with murdering his parents and two brothers, opened today with two of his friends testifying that the defendant had indicated to them that he planned to resume his military studies at the Citadel after the Thanksgiving recess of 1976.

Jeff Fritts of Park Ridge said he and the 19-year-old defendant "drove around" Bergen and Rockland Counties until 12:30 A.M. on Nov. 28, 1976, and had parted company with Mr. De La Roche saying he would see Mr. Fritts again over the Christmas vacation, after he returned from the Citadel in South Carolina.

"If I remember right, he said he was going back the next day," Mr. Fritts said.

Mr. De La Roche, who is charged with having killed his parents and brothers sometime after leaving Mr. Fritts, led the police to three of the bodies in the family home about 4 A.M. on Nov. 28.

Prosecution Cites Early Furlough

The other friend who testified, Vincent R. Trojan, also of Park Ridge, said Mr. De La Roche had purchased four new tires and rims for his automobile with the \$1,600 he received from selling his collection of rare coins over the Thanksgiving holiday and had planned to drive the car back to the military school.

The prosecution contends that Mr. De La Roche despised the hazing and harassment he underwent at the school in the

few months he attended it and fabricated a story that his mother had terminal cancer to win an early Thanksgiving furlough.

He allegedly killed his parents, Harry and Mary Jane, and his brothers, Ronald, 15, and Eric, 12, because he was unable to tell an overbearing father that he did not want to continue a military career.

Despite a confession to the police that he killed all four family members, Mr. De La Roche is expected to take the stand in his own defense tomorrow and to contend that Ronald killed his parents and brother after Ronald and his father argued bitterly about Ronald's hiding a cache of marijuana under his bed. The defense plans to put forth that Mr. De La Roche killed Ronald during a moment of temporary insanity.

Mr. De La Roche's attorney, John R. Taylor, is also expected to argue that his client was temporarily insane when he confessed to all four murders.

Before Mr. Taylor opened the defense case this morning, he asked the presiding judge, James F. Madden of Bergen County Court, to declare a mistrial because the jury, which has been sequestered since the trial opened Jan. 5, traveled to a restaurant in Camden last Saturday to get fresh clothing from their families.

Judge Madden rejected the mistrial motion after all the jurors were polled and said they had not discussed the murder trial with their relatives in Camden.